# ELLEN ALLEY

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**EDUCATION** 

**Ph.D.** Communication Studies, Interpersonal Concentration **University of Texas** Advisor: Anita Vangelisti | Expected Graduation: May 2027

Austin, TX GPA: 4.00

M.A. Communication Studies, Interpersonal Concentration

University of Texas GPA: 3.97 | Graduated May 2023 | Advisor: Anita Vangelisti | Reader: René Dailey Austin, TX Thesis: "I can see how you feel": Frameworks for emotion recognition and their

associations with relationship satisfaction

**B.A.** Majors: Plan II Honors, Human Dimensions of Organizations | Minor: Sociology

University of Texas GPA: 3.95 | Graduated May 2021

**Austin, TX** Thesis: *The efficacy of film as a tool for social and emotional learning* (Model Thesis)

#### RESEARCH INTERESTS

I use quantitative methods to explore uncertainty, emotion, and communication in personal relationships.

#### ACADEMIC APPOINTMENTS

Assistant Instructor - Department of Communication | UT Austin | Fall 2023 - Fall 2024

- CMS 316L: Interviewing Principles and Practices, instructor of record (Fall 2024, two sections/ 20hr)
- CMS 306M: Professional Communication Skills, instructor of record (Fall 2023, two sections/ 20hr), Ethics Flag

# Graduate Teaching Assistant – Department of Communication | UT Austin | Fall 2021 – Summer 2024

- CMS 344K: Nonverbal Communication with Dr. René Dailey (Fall 2021, 20hr), Global Cultures Flag
- CMS 358C: Identity in Relationships with Dr. Madeleine Holland (Spring 2022, 20hr), Cultural Diversity Flag
- CMS 363C: Communication and Sports with Dr. Michael Butterworth (Fall 2022, 20hr)
- CMS 315: Introduction to Interpersonal Communication Theory with Dr. John Daly (Spring 2023, 30hr)
- CMS 363P: Politics and Protest in Sports with Dr. Michael Butterworth (Summer 2023, 20hr)
- CMS 330: Interpersonal Health Comm with Dr. Erin Donovan (Spring 2024, 20hr), Writing Flag, Independent Inquiry Flag
- CLD 320: Facilitative Leadership with Dr. Larry Schooler (Spring 2024, 10hr)
- CMS 344K: Lying and Deception with Dr. Joe Cutbirth (Summer 2024, 20hr), Ethics Flag

## Research Assistant – Annette Straus Institute for Civic Life | UT Austin | Fall 2022

Analyzed quantitative and qualitative survey data and compiled a report with findings

## Undergraduate Teaching Assistant – Plan II Honors | UT Austin | Fall 2019 – Spring 2020

• TC 301: Pathways to Civic Engagement with Lee Walker (Spring 2020, 10hr), Writing Flag & Ethics Flag

#### Undergraduate Research Assistant – College of Liberal Arts | UT Austin | Spring 2018

• Research assistant for An Introduction to International Relations: Opening the Global System textbook

## ACADEMIC RESEARCH EXPERIENCE

## **Publications:**

Alley, E. & Jia, M. (2023). Pursue the boo: The moderating role of dating recency between ghosting and unwanted persistent pursuit. *Communication Research Reports* 40(4), 206-215. https://doi.org/10.1080/08824096.2023.2235273

#### **Conference Presentations:**

**Alley, E.,** & Hernandez, K. (2024). *Uncertainty, cognition, emotion, and communication in ADHD relationships: A relational turbulence theory approach.* To be presented at the 110th Annual National Communication Association Conference, New Orleans, LA.

- Hernandez, K., **Alley, E.,** Vangelisti, A., & Kim, M. (2024). *Parental disclosures of family secrets, parentification, and privacy management*. To be presented at the 110th Annual National Communication Association Conference, New Orleans, LA.
- Blitch, M., Alley, E., & Dailey, R. (2024). Affectionate communication, conflict styles, and satisfaction in romantic relationships with and without partners with ADHD. To be presented at the 110th Annual National Communication Association Conference, New Orleans, LA.
- Alley, E., Yang, Y., Blitch, M., & Dailey, R. (2024). Divergent processes for neurodivergent relationships: A relational turbulence approach to romantic relationships with Attention-Deficit/Hyperactivity Disorder individuals. Presented at the Biennial International Association for Relationship Research International Conference, Boston, MA.
- **Alley, E.,** Vangelisti, A. (2024). *I can see how you feel: Frameworks for emotion recognition and their associations with relationship satisfaction*. Presented at the Biennial International Association for Relationship Research International Conference, Boston, MA.
- Alley, E. (2023). *I understand how you feel: Integrating empathic accuracy and emotional intelligence*. **TOP STUDENT**PAPER- Nonverbal Communication Division. Presented at the 109th Annual National Communication Association Conference, National Harbor, MD.
- **Alley, E.** (2023). *Prepare for (soft) launch: The impact of Instagram "launching" a partner on relational investment.* Presented at the 109th Annual National Communication Association Conference, National Harbor, MD.
- Alley, E. & Jia, M. (2022). Pursue the boo: The relationship between ghosting and unwanted persistent pursuit. Presented at the 108th Annual National Communication Association Conference, New Orleans, LA.
- Alley, E. (2022). *The sound of silence: The link between ghosting behaviors and emotional intelligence*. Presented at the 108th Annual National Communication Association Conference, New Orleans, LA.
- **Alley, E.** (2022). *The efficacy of film as a tool for social and emotional learning*. Presented at the 72nd Annual International Communication Association Conference, Paris, France.

#### **Research in Progress:**

**Alley, E.** "It's not me, it's ADHD": *Shifting attributions in ADHD adults in romantic relationships.* 

#### PROFESSIONAL RESEARCH EXPERIENCE

**Research Intern** | Education and Research Group | Summer 2017, 2018, 2020, 2021

- Identified film and television clips used to teach approximately 70 different human affects/ emotions
- Conducted literature reviews and determined best pedagogical approach for organizing and teaching emotions

#### **Research Intern** | bthere | Fall 2020

- Created and implemented mixed methods user feedback survey and focus group UX testing for a redesign of an app
- Identified and streamlined red routes for the application and tested usability

## AWARDS AND HONORS

AWARDS AND HUNUKS	
2024	International Association of Relationship Research Travel Grant
	Graduate School Fellowship, The University of Texas at Austin Graduate School (x2)
	Department of Communications Travel Scholarship (x2)
2023	Top Student Paper Award, NCA Nonverbal Communication Division
	National Communication Association Travel Grant
	Department of Communications Travel Scholarship
	Provost Fellowship, Moody College of Communication
	Comm SGC Supplemental Travel Award
	Graduate School Fellowship, The University of Texas at Austin Graduate School (x2)
2022	National Communication Association Travel Grant
	Graduate School Fellowship, The University of Texas at Austin Graduate School (x2)
	Department of Communications Travel Scholarship (x2)
	Comm SGC Supplemental Travel Award

Communication Studies Outstanding First Year Master's Student Award

2021 Graduate School Fellowship, The University of Texas at Austin Graduate School

Cactus Standout Student Excellence Award Winner

Graduated with High Honors (top 10%)

Plan II Model Thesis, Special Honors in Plan II

2020 Plan II Thesis Grant

#### INVITED PRESENTATIONS & COLLOQUIA

- Lecture Uncertainty & The Patient Experience for CMS 330: Interpersonal Health Communication (Spring 2024)
- Lecture *Defining & Solving Problems* for CLD 320: Facilitative Leadership (Spring 2024)
- Lecture Informative Speaking for CMS 306M: Professional Communication Skills (Spring 2024)

#### **SERVICE**

#### **Conference:**

• Graduate Student Representative | Nonverbal Communication Division, National Communication Association | 2023 – 2025

#### **Peer Reviews:**

Journals (2 manuscripts):

- Personality and Individual Differences (2024)
- Scandinavian Journal of Psychology (2024)

International Communication Association Convention (6 manuscripts)

- 2021: Activism, Communication and Social Justice (1), Communication Science and Biology (1)
- 2022: Interpersonal Communication (2), Health Communication (2)

National Communication Association Convention (6 manuscripts)

- 2022: Student Section (2)
- 2023: Student Section (2), Sports Communication (1), Visual Communication (1)

### **UT Austin:**

- President | Communication Studies Graduate Community | May 2024 May 2025
- Treasurer | Communication Studies Graduate Community | May 2023 May 2024
- Panel member | Advice on being a TA| Graduate pedagogy class | September 2022
- Panel member | M.A. student panel & general new student panel | Graduate student orientation | August 2022
- Graduate student buddy | August 2022

## RELEVANT COURSE WORK

**Methods:** qualitative methods, computational methods, quantitative methods, fundamentals of statistics, psychometric theory, statistical analysis of experimental data, correlation & regression, multivariate methods, meta-analysis

**Content:** interpersonal communication theory, personal relationships, nonverbal communication, social media effects, groups & teams, motivation & emotion, neuroscience of emotion, stress & coping