

## Rachel R. Lloyd

Email: [rachel.lloyd@utexas.edu](mailto:rachel.lloyd@utexas.edu)

### **Education:**

- Ph.D. The University of Texas at Austin (anticipated November 2023)  
Major: Interpersonal Communication Studies  
Dissertation: *Breaking the Ice: Vulnerable Disclosure in Newly Formed Romantic Relationships*  
Advisor: Anita Vangelisti, Ph.D  
Committee: Rene Dailey, Ph.D; Erin Donvan, Ph.D; Lisa Neff, Ph.D
- M.A. The University of Texas at Austin 2018  
Major: Communication Studies Concentration: Interpersonal  
Advisor: Anita Vangelisti, Ph.D. Thesis: Moral Conflict in Marriage
- B.A. NC State University, *Summa Cum Laude, Valedictorian* (G.P.A: 4.0) 2012-2016  
Major: Political Science Minor: Spanish
- B.A. NC State University, *Summa Cum Laude, Valedictorian* (G.P.A: 4.0) 2012-2015  
Major: Public and Interpersonal Communication  
Independent Research Project: "Communication Strategies Used by New Zealand College Students to Manage Romantic Relationships"  
Project Advisor: Elizabeth Craig
- Summer Study Abroad, Lima Peru Summer 2014  
Massey University, New Zealand, Spring Study Abroad Spring 2016

### **Research Interests**

- Interpersonal Communication
- Communication in Personal Relationships
- Disclosure
- Secrecy
- Intimacy in Close Relationships
- Emotional communication

### **Academic Work Experience**

- Assistant Instructor, Communication Studies Department, University of Texas at Austin (Professional Speaking Skills) (Spring 2020)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Leadership Stories) (Summer 2020)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Personal Relationships) (Fall 2019)

- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Digital Communication) (Summer 2019)
- Research Assistant, Communication Studies Department, University of Texas, Austin, (Interpersonal Communication Textbook) (Dr. Anita Vangelisti) (Spring 2019)
- IE Pre-Graduate School Internship Mentor, Intellectual Entrepreneurship: Chloe Gonzales (Spring 2019)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Family Communication) (Spring 2019)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Nonverbal Communication) (Fall 2018)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Intercultural Communication) (Fall 2018)
- IE Pre-Graduate School Internship Mentor, Intellectual Entrepreneurship: Alexa Chung (Fall, 2018)
- IE Pre-Graduate School Internship Mentor, Intellectual Entrepreneurship: Clara Souza (Fall 2018)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Conflict Resolution) (Summer 2018)
- Teaching Assistant, Communication Studies Department, University of Texas, Austin, (Communication for Development and Philanthropy) (Spring 2018)
- Research Assistant, Communication Studies Department, University of Texas, Austin, (Security Communication) (Dr. Madeline Maxwell) (Spring 2018; Summer 2018)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Building Sales Relationships) (Fall 2017)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Conflict Resolution) (Summer 2017)
- Teaching Assistant, Communication Studies Department, University of Texas at Austin (Interpersonal Communication) (Fall 2016; Spring 2017)
- Student Athlete Academic Tutor, University of Texas at Austin (January 2017-Present)
- International Orientation Assistant, University of Texas at Austin (January 2017)
- Student Athlete Academic Tutor, Academic Support Center for Student Athletes, North Carolina State University (2012-2015)
- Research Assistant, Department of Communication, NC State University (2015-2016)
- New Student Orientation Leader, NC State University (2012-2013)

### **Professional Work Experience**

- Public Speaking and Outreach Team Assistant Director (August 2020- current)
- Instructor, Berkeley2 Academy (May 2019-current)
- College Admissions Specialist, Berkeley2 Academy (July 2019-current)
- Research Associate Intern, Coleman Research (2014-2015)

### **Fellowships and Grants**

- Moody College of Communication Graduate Fellowship, College of Communication, University of Texas at Austin, \$5,000/year (2019-2022)
- Provost Supplement Fellowship, College of Communication, University of Texas at Austin, \$5,000/year (2018)
- International Communication Association Travel Grant, \$200
- International Communication Association Interpersonal Division Travel Grant, \$150
- Moody College of Communication Summer Research Travel Grant
- Moody College of Communication Graduate Fellowship, College of Communication, University of Texas at Austin, \$5,000/year (2016-2018)
- Graduate School Recruitment Fellowships, \$17,000/year (2016-2018)
- Undergraduate Research Grant, College of Communication, North Carolina State University, \$1,500/year (2015-2016)
- Raleigh/Cary Alumnae Association Scholarship, Delta Gamma Foundation, \$1,000 (2015-2016)
- Kara Ruth Medlin Memorial Scholarship, Department of Communication, NC State University, \$1,000 (2015-2016)
- Susan E. Carter Scholarship, School of Public and International Affairs, NC State University, \$1,000 (2015-2016)
- Daniel C. Gunter, Jr. Merit Scholarship, College of Humanities and Social Sciences, NC State University, \$1,000 (2015-2016)
- Virginia L. Martin Memorial Merit Scholarship, Delta Gamma Foundation, \$1,500 (2014-2015)
- Oliver Williams Scholarship, School of Public and International Affairs, NC State University, \$1,000 (2014-2015)

### **Awards and Honors**

- Top student paper for the Interpersonal Division of the International Communication Association; \$100 award (2020)
- Top four student paper for the Masters Division of the National Communication Association (2017)
- North Carolina State University Valedictorian (2015; 2016)
- Department of Communication Student Commencement Speaker (2015)
- Outstanding Graduate Award (2015)
- Delta Gamma Fraternity Best New Member (2013)

### **Professional Certificates**

- Basic Mediation Certificate (2018)
- Advanced Mediation Certificate (2018)
- Basic Facilitation Certificate (2018)
- Teaching Preparation Certificate (October 2017)
- Graduate Portfolio Certificate in Dispute Resolution (2018)

### **Refereed Publications**

**Lloyd, R. R.** (2020). A Temporal Approach to Communicating Self-Focused Autonomy, Other Focused Connection, and Mutuality in Romantic Relationships. *Qualitative Research Reports in Communication*, 21.

Dailey, **Lloyd, R.**, Burdick, S., Zhang, Z., & Kurlak, R. (2023). Romantic partner undermining of weight loss: Links between overweight individuals' weight management efforts and perceptions of their partner's undermining motivations and behaviors. *Journal of Health Psychology*, 28(6), 583–596. <https://doi.org/10.1177/13591053221123842>

Romo, L.K., **Lloyd, R.R.** (2019). An examination of communicative negotiation of non-rescue dog stigma. *Animals and Society*, 27, 1-20.

Dailey, Zhang, Z., Kurlak, R., **Lloyd, R.**, & Burdick, S. (2022). Romantic Partner Perspectives of the Relational Context of Weight Loss Support. *Health Communication*, 37(14), 1788–1797. <https://doi.org/10.1080/10410236.2021.1920712>

Baryshevtsev, Zhong, L., **Lloyd, R.**, & McGlone, M. (2020). Trait perspective-taking and need for cognition in the formation of stereotypes about people who stutter. *Journal of Fluency Disorders*, 65, 105778–105778. <https://doi.org/10.1016/j.jfludis.2020.105778>

### **Research in Press**

### **Research in Progress**

**Lloyd, R. R.** (In Progress). Moral Conflict in Marriage.

**Lloyd, R. R.** (In progress). Responding to Voluntary Confession of a Previous Lie of Sexual Infidelity.

**Lloyd, R. R.** (In progress). Marital Partners Perceptions of Weight Management Messages.

**Lloyd, R.R.** (In progress). Skinny Talk: Body Shaming and Objectification among Thin Women.

Vangelisti, A. L., **Lloyd, R.R.**, Nelson, E. (In progress). The Morality of Revealing Others' Secrets.

### **Invited Presentations/Guest Speaker/Discussions**

- Intercultural Communication, May 2<sup>nd</sup>, 2018 (University of Texas, Austin)  
Invited Guest Speaker: International Travel
- Nonverbal Communication, October 9<sup>th</sup>, 2018 (University of Texas, Austin)  
Invited Guest Speaker: Physical Attraction
- Intercultural Communication, November 13<sup>th</sup>, 2018 (University of Texas, Austin)  
Invited Guest Speaker: Intercultural Friendship

- Intercultural Communication, November 27<sup>th</sup>, 2018 (University of Texas, Austin)  
Invited Guest Speaker: Study Abroad
- 2018 Global Ethics and Conflict Resolution Summer Symposium (University of Texas, Austin) Invited Guest Speaker: Interpersonal Conflict

### **Presentations**

- 2020 International Communication Association (Gold Coast, Australia)  
Individual Paper: “Partner Influence on Diet/Exercise Related Goals and Perceptions of Self Appearance”. Top student paper award.
- 2020 International Communication Association (Gold Coast, Australia)  
Individual Paper: “Skinny Talk: A Link between Hurtful Messages, Body Shaming, and Objectification Among Thin Women”
- 2019 National Communication Association (Baltimore Maryland)  
Individual Paper: “The Morality of Revealing Others’ Secrets”  
Co-author: Anita Vangelisti
- 2019 National Communication Association (Baltimore Maryland)  
Individual Paper: “Romantic Partner Perspectives of the Relational Context of Weight Loss Support”  
Co-authors: Rene Dailey, Suzanne Burdick, Rebecca Kurlak, Tracy Zhengyu
- 2018 International Communication Association (Prague, Czech Republic)  
Individual Paper: “Moral Conflict in Marriage”
- 2018 Kentucky Conference on Health Communication (Lexington, KY)  
Interactive Poster: “Skinny Talk: Body Shaming and Objectification Among Thin Women” Co-author: Ryan Crace
- 2018 Southern States Communication Association 88<sup>th</sup> Annual Convention (Nashville, Tennessee)  
Individual Paper: “An Examination of Communication Negotiation of Purebred Stigma.”  
Co-author: Lynsey Romo.
- 2017 National Communication Conference (Dallas, Texas)  
Individual Paper: “Responding to Voluntary Confession of a Previous Lie of Sexual Infidelity.” Top four paper award.
- 2017 Conflict Conference (University of Texas, Austin)  
Individual Paper: “Communication Strategies Used by New Zealand College Students to Manage Romantic Relationships.”
- 2017 Conflict Conference (University of Texas, Austin)  
Interactive Session: “Responding to Voluntary Confession of a Previous Lie of Sexual Infidelity.”

### **Service:**

### **Professional Service:**

- Session Chair for the Interpersonal Communication Division, International Communication Association Convention, 2020  
Help-Seeking and Social Support

- Paper reviewer for the Interpersonal Communication Division, International Communication Association Convention, 2020
- Paper reviewer for the Interpersonal Communication Division, National Communication Association Convention, 2019
- Paper reviewer for the Student Division, National Communication Association Convention, 2018
- Student and Early Career Representative, International Communication Association (2018-2019)
- Student and Early Career Advisory Committee (SECAC) Representative, International Communication Association (2018-present)
- 4<sup>th</sup> Annual University of Texas Conflict Conference Committee Member (2016-2017)

### **University and Academic Organization Service**

- Graduate Women in Communication, Professional Development Chair, University of Texas, Austin (2020-present)
- Graduate Student Assembly Representative, University of Texas, Austin (2018-present)
- Graduate Student Representative, Counseling and Mental Health Center, University of Texas, Austin (2017-2018)
- President, NC State University Pre-Law Student Association, NC State University (2014-2015)
- Vice-President, NC State University Pre-Law Student Association, NC State University (2012-2014)
- Vice President of Communications, Delta Gamma Fraternity, NC State University (2013-2015)
- Director of Activities, Delta Gamma Fraternity, NC State University (2012-2013)
- Sigma Rho Chi-Recruitment Counselor, Panhellenic Association, NC State University (2014)
- Entrepreneurship Initiative Member, Office of First Year Experience, NC State University (2013-2016)
- PeruEDU Member, North Carolina State University (2014-2016)
- Groceries on the go volunteer, Meals on Wheels Central Texas (2016-2018)
- Meal delivery volunteer, Meals on Wheels Central Texas (2016-2017)

### **Professional Affiliations**

- National Communication Association (2015-present)
- International Association Relationship Research (2017-2019)
- International Communication Association (2016-present)
- Southern States Communication Association (2017-2020)
- Phi Beta Kappa Honors Society (2015-present)
- Delta Gamma Foundation (2012-present)
- NC State University Student Alumni Association (2012-present)