

Braidyn Lazenby

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Educational Background

University of Texas at Austin, Moody College of Communication

Doctor of Philosophy. (Anticipated Spring of 2024).

Dissertation Project Title: Upcoming.

Advisor: Dr. Erin Donovan

Committee: Upcoming.

University of Alabama, Department of Communication Studies

Master of Arts. (2020).

Thesis Project Title: *For the Love of Country Ham: A Qualitative Analysis of Cardiac Event Survivors.*

Advisor: Dr. Heather Carmack

Committee: Dr. Leah LeFebvre, Dr. Josh Pederson, and Dr. Tennley Vik

University of Alabama, College of Communication and Information Sciences

Bachelor of Arts. (2019). Summa Cum Laude.

Major: Communication Studies

Minor: Psychology

Minor: Public Relations

Professional Organizational Memberships

Association Membership. (2021-Present). International Communication Association.

Association Membership. (2019-Present). National Communication Association.

Mortar Board. (2018). University of Alabama.

Order of Omega. (2018). University of Alabama.

Omicron Delta Kappa. (2018). University of Alabama.

Teaching Experience

Assistant Instructor (August 2022-Present)

The University of Texas at Austin, Moody College of Communication

Courses Assisted at The University of Texas at Austin

- Professional Communication Skills – Instructor of Record

Graduate Teaching Assistant (August 2020-August 2022)

The University of Texas at Austin, Moody College of Communication
Courses Assisted at The University of Texas at Austin

- Lying and Deception – Joe Cutbirth
- Interpersonal Health Communication – Erin Donovan
- Interpersonal Communication Theory – John Daly
- Nonverbal Communication – Rene Dailey

The University of Texas at Austin, McCombs School of Business

- Advocacy (MBA Course) – John Daly

Graduate Teaching Assistant (August 2019-May 2020)

The University of Alabama, College of Communication and Information Sciences
Courses Taught at the University of Alabama

- Public Speaking (Lab Instructor)

Teaching and Research Interests

- Interpersonal Communication
- Health Communication
- Qualitative Research Methods
- Applied Communication Skills

Peer-Reviewed Journal Articles

Donovan, E. E., Alducin, R., Spaulding, K., Kim, J., Alkhafaji, H., Gonzales, C., **Lazenby, B.**, Naeem, A., & Sarwar, F. (in press). The labor of talking to stay healthy and socially connected: Communication work during the COVID-19 pandemic. *Social Science & Medicine - Qualitative Research in Health*.

Research Currently Under Review

Lazenby, B. *From the Heart: A Qualitative Analysis of Tensions from Traumatic Cardiac Event Survivor Narratives*. Accept Pending Final Revision – Western Journal of Communication.

Lazenby, B. & Pike, M. *Conflicting Uncertainty: Exploring the use of the tripartite model of uncertainty within eating disorder communities online*.

Carmack, H., Macklin, C., **Lazenby, B.**, Jaber, B., & Parker, R. *Co-Rumination as Catharsis: Graduate Students' Social Constructions of Negative Talk and Graduate Student Life*.

Lazenby, B. & Carmack, H. *Tech Talk: The Impact of Technology Use on Provider Credibility, Nonverbal Immediacy, and Patient Satisfaction*.

Donovan, E., **Lazenby, B.**, Alkhafaji, H., Alducin, R., Gonzales., Kim, J., Naeem, Anusha., Sarwar, F., & Spaulding, K *I don't know who everyone's been around"... "And if you ask, it's like stepping on glass": Applying & Expanding the Tripartite Model of Uncertainty in the Novel Coronavirus Era.*

Research and Writing in Progress

Lazenby, B., Pike, M., & Quaak, K. *"It was like I wasn't the one controlling my body": A Qualitative Analysis of Eating Disorder Narratives.*

Coolidge, A., **Lazenby, B.**, Kaiser, E., Nolen-Cody, Wilsnack, C., & Chen, Q. *The Self-Presentational Dilemma of mental Health Crises: Coping and Support Provision.* Research to submit to the Health Communication Scholars Program Grant.

Derriennic, C., **Lazenby, B.**, Pike., M. *Examining Children's Expressive Writing Before and After Participating in Taste Buds: The Adventures of Cake and Broccoli, an Original Intuitive Eating Play.* Research to submit to the Health Communication Scholars Program Grant.

Lazenby, B. & Nolen-Cody, H. *Managing Uncertainty through Adolescence: Perspectives of Family Communication About Sex through Anxiety/Uncertainty Management Theory*

Lazenby, B., Pike, M., & Quaak, K. *"I know I'm being disordered but I can't stop worrying about it": Identifying the tripartite model of uncertainty in eating disorder discourse.*

Pike, M. & **Lazenby, B.** *1200 isn't plenty: Examining pro-eating disorder language use in online forums.*

Research Presentations & Discussions

Lazenby, B. & Pike, M. (2022, November). *"I know I'm being disordered but I can't stop worrying about it": Identifying the tripartite model of uncertainty in eating disorder discourse.* Research in progress to be presented at the annual meeting of the National Communication Association, New Orleans, LA.

Pike, M. & **Lazenby, B.** (2022, November). *1200 isn't plenty: Examining pro-eating disorder language use in online forums.* Research in progress to be presented at the annual meeting of the National Communication Association, New Orleans, LA.

Lazenby, B. & Nolen-Cody, H. (2022, May). *Managing Uncertainty through Adolescence: Perspectives of Family Communication About Sex through Anxiety/Uncertainty Management Theory.* Competitive paper to be presented at the annual meeting of the International Communication Association, Paris, France.

Lazenby, B., Donovan, E., Spaulding, K., Sarwar, F., Naeem, A., Kim, Joon., Gonzales, C., Alkhafaji, H., & Alducin, R. (2021, November). *"I don't know who everyone's been*

around” ... ”And if you ask, it’s like stepping on glass”: *Applying and Expanding the Tripartite Model of Uncertainty in the Novel Coronavirus Era*. Paper presented at the annual meeting of the National Communication Association, Seattle, WA.

Alkhafaji, H., Donovan, E., Spaulding, K., Kim, J., Alducin, R., Gonzales, C., **Lazenby, B.**, Naeem, A., Sarwar, F. (2021, November). *The Labor of Talking to Staying Safe: Communication Work During the COVID-19 Pandemic*. Competitive paper presented at the annual meeting of the National Communication Association, Seattle, WA.

George, H., Deavours, D., Kim, E., **Lazenby, B.**, White, L., & Opayemi, O. (2021, November). Importance of Supportive Communication for Female Doctoral Students. Discussion panel to be presented at the annual meeting of the National Communication Association, Seattle, WA.

Donovan, E. E., **Lazenby, B.**, Woods, J. M., & Alkhafaji, H. (2021, February). *Difficult conversations during the pandemic*. Poster to be presented at the annual St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations (CHPR) Conference, Austin, TX.

Lazenby, B. (2020, November). *From the Heart: A Qualitative Analysis of Tensions from Traumatic Cardiac Event Survivor Narratives*. Competitive paper presented at the annual meeting of the National Communication Association, Online.

Carmack, H., Macklin, C., **Lazenby, B.**, Jaber, B., & Parker, R. (2020, November). *Co-Rumination as Catharsis: Graduate Students’ Social Constructions of Negative Talk and Graduate Student Life*. Competitive paper presented at the annual meeting of the National Communication Association, Online.

Lazenby, B. (2020, March). *Pompous Portrayal: A Rhetorical Analysis of Southern Marriage Culture Portrayed in Television*. Poster presented at Discerning Diverse Voices: Symposium on Diversity, Tuscaloosa, AL.

Lazenby, B. (2020, April). *Losing Ctrl of Relationships: Perceived Differences in the Quality of Care Using Technology*. Poster presented at the annual meeting of the Kentucky Conference on Health Communication, Lexington, KY.

Lazenby, B. (2019, November). *Public Healing: Analysis and Implications of Celebrity Health Narratives*. Competitive paper presented at the annual meeting of the National Communication Association, Baltimore, MD.

Research Grants

Graduate Research Assistant (2022). Speaking Stoma – Developing a Health Communication Guide for People with Ostomies. Communication for Health, Empathy, and Resilience (CHER) Grant Program. Awarded \$8,400.

Service to the Discipline

Reviewer. National Communication Association Conference. Student Section.

Media Appearances

Appearance in Article. (tbd). *Mental Health Awareness Month*. Moody College of Communication Website. Austin, TX.

Guest Writer. (2019). *Heart Health in Central Alabama*. Health, Wellness, and Senior Living issue. The Daily Home Magazine.

Guest Speaker. (2019). WBMM TV. Guest speaker for National Heart Month. Montgomery, AL.

Guest Speaker. (2018). LadyBugs Women's Group. Guest speaker on women's heart health. Leeds, AL.

Guest Speaker. (2017). ABC 33/40 TV. Covering the West Alabama Heart Walk and upcoming heart health events. Birmingham, AL.

Guest Speaker. (2017). WVUA TV. Covering National Heart Month and upcoming heart health events. Tuscaloosa, AL.

Research Spotlight. (2017). Heart Health in Northeast, Alabama. St. Clair County Lifestyle Newspaper.

Featured Article. (2017). *Promoting Awareness About Cardiovascular Disease*. Friends & Neighbors Magazine.

Service to the University

Co-Chair (2022-2023). Comm SGC Social Chair. The University of Texas at Austin.

Graduate Peer Mentor (2022). Teaching Assistant Small Group Leader. The University of Texas at Austin.

Preliminary Judge. (2019). Oscar Newton Public Speaking Competition. The University of Alabama.

Judge. (2019). Alabama Forensics Council Tournament, AFA-NIET District 6 Qualifying Tournament. The University of Alabama.

Honors and Awards

Marsha Houston Award. (2020). Outstanding Graduate Student Work in Social Justice and Diversity. Awarded by: Department of Communication Studies; Graduate School. University of Alabama.

Outstanding Master's Thesis. (2020). Department of Communication Studies. Graduate School Thesis Competition. University of Alabama.

Travel Grant. (2019). National Communication Association. Awarded by: Department of Communication Studies; Graduate School. University of Alabama.

Outstanding Paper. (2019). *Public Healing: Analysis and Implications of Celebrity Health Narratives*. Outstanding Capstone Paper. University of Alabama.

The Anderson Society. (2018). Honor designated to the twenty-four most influential students. University of Alabama.

Nora Chapman Award. (2017). Highest public speaking award presented. Miss Alabama Competition. Miss America Organization.

The Oscar Newton Public Speaking Award. (2016). University of Alabama, Communication Studies Department.

Community Engagement

Creator and Director. (2016 - present). Brooks Lazenby Memorial Car Show. Benefitting the American Heart Association annually. Funds raised to date: \$10,600.

Fundraising Partnership. (2017 - present). United Heating and Cooling. Annual National Heart Month fundraising partnership benefitting the American Heart Association. Funds raised to date: \$4,000.

Creator and Director. (2016 - 2019). Beat the Odds: EKG Initiative. Created specialized heart health education program to public school classes in Alabama. Established program in four counties: Autauga, Jefferson, St. Clair, and Shelby.

Creator and Director. (2016 - 2019). Heart Week. Annual heart health awareness week at the University of Alabama.